

# Jennifer B. Wallace



SPEAKING + PRESENTATIONS

## NEVER ENOUGH

### Raising Healthy Achievers in a Hyper-Competitive World

Today's students face unprecedented pressure to succeed. The drive to optimize performance has resulted in skyrocketing rates of anxiety, depression, and self-harm in teens and adolescents. Parents, educators, and community leaders face the same quandary: how can we teach our kids to strive towards excellence without crushing them?

In this eye-opening talk, Wallace investigates the deep roots of toxic achievement culture, explores its harmful impact on our kids, and delivers the powerful solution: mattering, the psychological concept of feeling like you add value and are valued regardless of your external achievements. Wallace provides a practical mattering framework that parents and educators can use to tackle achievement pressure at home and in the classroom.

For inquiries and additional information, contact:  
Lauren Lavelle • [laurenlavelleliterary@gmail.com](mailto:laurenlavelleliterary@gmail.com)

#### AUTHOR OF



**Never Enough:**  
*When Achievement Culture Becomes Toxic – and What We Can Do About It*



**Mattering in the Modern World:**  
*A Solution to the Crises of Our Time (2026)*

**Jennifer Breheny Wallace** is an award-winning journalist and author of the instant *New York Times* bestselling book *Never Enough: When Achievement Culture Becomes Toxic – and What We Can Do About It*. Her second book *Mattering in the Modern World: A Solution to the Crises of Our Time* (2026) is based on five years of research and an original global mattering survey. Wallace is the co-founder of The Mattering Movement, a nonprofit whose mission is to create cultures of mattering in schools, workplaces, and communities.

After graduating from Harvard College, Wallace was a broadcast producer for CBS "60 Minutes" and was part of the team that won The Robert F. Kennedy Awards for Excellence in Journalism. She is a contributor to *The Wall Street Journal* and *The Washington Post* and frequently appears on national television programs to discuss her work.

Wallace is a highly sought-after speaker and has spoken at more than 100 Fortune 500 companies, conferences, non-profits, and schools about mattering.